

Local antimicrobial (Arestin) Post-Op Instructions

- ***Don't Touch.*** Avoid touching the treated areas.
- ***Don't brush*** for 12 hours after the treatment.
- ***Wait To Floss.*** Don't floss or use toothpicks or any other devices that clean between your teeth for 10 days.
- ***Avoid Eating Hard, Crunchy, or Sticky Foods*** for 1 week after treatment.
- ***Always Follow Up.*** Because the bacteria that cause periodontal disease are persistent the infection can return. Please be sure to make follow-up appointments with us.
- ***Keep Your Scheduled Appointments.*** It is important to keep all of your dental appointments so that we can re-examine your gums and status of the inflammation.